

Project report of Ugravedan Foundation

A sec 8 company. CIN: U85300MH2021NPL368379 , powerfulgyaan@gmail.com

A) Activities done April 2022 to March 2023

No	Activity with date		Money spent
1	29 presentations to empower community with adequate knowledge about alcohol, tobacco & cannabis. (April 2022 onwards) Remuneration of presenter Dr. Dharav Shah Mr. Benefar Dongardive Travel of Mr Benefar Life skills training workshop fee for Mr Benefar	Voluntary 31,415 6278 1000	38,693
2	Helpline to support people in quitting alcohol and responding to help asked via emails. (April 2022-March 2023, 12 months) Counsellor remuneration Akshita Benefar Arun Meenakshi	26000 31415 7600 21818	86,833
3	Maintaining awareness website www.poisonswelove.org Website hosting and domain fee	6354	6,354
4	Spreading awareness via social media campaign. (April 2022-March 2023, 12 months)		1,20,000

	Remuneration of Project manager and social media coordinator Mr Suyash Toshniwal. He also helped with public liaison and overall co-ordination of various activities of organisation (12 months)	1,20,000	
5	Online and in person trainings of professionals and social workers in 'Brief Intervention' and counselling skills for helping people quit alcohol or tobacco Dr Dharav Shah	Voluntary	0
6	Online workshops (6 hours) for volunteers wishing to contribute towards prevention of substance use. (November 2022) Remuneration of facilitators Dr Dharav Shah Dr. Rohan Bartake.	Voluntary 1000	1000
7	Campaign of online posters during World breast feeding awareness week (August 1-7, 2022) Cost of Designer for slide decks on 10 sub-topics Marketing cost	15,000 5000	20,000
8	A documentary film on a village 'Pargaon' where villagers have successfully overcome the alcohol problem since 25 years. Advance given to filmmaker Translation for subtitles (Approx cost of editing, designing, etc which is yet to be given: 40,000)	10000 4400	14400

B) Activities done April 2023 to October 2023

No	Activity and date		Money spent
1	6 presentations to empower community with adequate knowledge about alcohol, tobacco & cannabis. (April 2023 - October 2023) Remuneration of presenter Dr. Dharav Shah Mr. Benefar Dongardive	Voluntary 1500	1500
2	Helpline to support people in quitting alcohol and responding to help asked via emails. (April 2023-June 2023; & October 2023) (4 months) Counsellor remuneration Meenakshi Tejal	 14321 17000	31,321
3	Spreading awareness via social media campaign. (April 2023-October 2023, 7 months) Remuneration of Project manager and social media coordinator Mr Suyash Toshniwal. He also helped with public liaison and overall co-ordination of various activities of organisation (7 months)	71,500	71,500
4	Online and in person trainings of professionals and social workers in 'Brief Intervention' and counselling skills for helping people quit alcohol or tobacco Dr Dharav Shah	Voluntary	0
5	Online workshops (6 hours) for volunteers wishing to contribute towards prevention of substance use. (September 2023)		1,640

	Remuneration of facilitators Dr Dharav Shah Dr. Rohan Bartake.	Voluntary 1640	
6	Competition for posters and reels on various health issues (October 2023) Prizes given to 20 winners	29000	29,000